

## 7 Paths of Full Devotion Survey & Individual Spiritual Plan (ISP)

At the current time in your life, which path do you feel is the weakest in your life? List it below:

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**In order to more objectively assess your spiritual growth right now, answer the following survey statements on a scale of 1 to 5: 1 means No, not at all and 5 is yes, absolutely all the time.**

### #1 – Practice Personal Prayer and Bible Study daily

1. \_\_\_\_\_ I spend time reading the Bible every day.
2. \_\_\_\_\_ I have a good overall understanding and working knowledge of the Bible.
3. \_\_\_\_\_ I regularly receive insight from Scripture that I apply to my daily life.
4. \_\_\_\_\_ I believe that God communicates with me through the scriptures.
5. \_\_\_\_\_ While praying and reading the Bible I build in times of silence & solitude.
6. \_\_\_\_\_ I occasionally practice the discipline of fasting during my times of prayer.
7. \_\_\_\_\_ I occasionally write out my prayers and thoughts in a journal.
8. \_\_\_\_\_ I use other tools (i.e. commentaries, study guides) to help me understand the Bible.

Total: \_\_\_\_\_

### #2 – Worship & Attend on Sundays

1. \_\_\_\_\_ I come to church each Sunday.
2. \_\_\_\_\_ It is easy for me to get up on Sundays and come to church.
3. \_\_\_\_\_ I have friends at my church that I connect with on Sunday mornings.
4. \_\_\_\_\_ I learn something each week through the sermon and the worship service.
5. \_\_\_\_\_ I understand all aspects of my church's worship services.
6. \_\_\_\_\_ Communion is an important time in the worship service for me.
7. \_\_\_\_\_ I connect with God through the worship service.
8. \_\_\_\_\_ I feel encouraged when I leave church on Sunday.

Total: \_\_\_\_\_

### #3 – Build relationships with unchurched people on a regular basis by loving them in Christ's name and inviting them to events

1. \_\_\_\_\_ I have significant relationships with people who do not attend my church.
2. \_\_\_\_\_ I intentionally contact those people to maintain our relationships.
3. \_\_\_\_\_ I pray regularly for specific people with whom I hope to share my faith.
4. \_\_\_\_\_ Evangelism is important to me as a Christian.
5. \_\_\_\_\_ I invite people to come to worship and church events on a regular basis.
6. \_\_\_\_\_ I know my Christian testimony and am prepared to share it.
7. \_\_\_\_\_ I know the Gospel message and I could lead another person to salvation through faith in Jesus Christ.
8. \_\_\_\_\_ Frequently I initiate spiritual conversations with people.

Total: \_\_\_\_\_

**#4 – Be involved in some type of Small Group**

1. \_\_\_\_\_ I am involved in a regular small group of believers.
2. \_\_\_\_\_ I do life together with some close friends in my small group.
3. \_\_\_\_\_ My small group has helped me in my life.
4. \_\_\_\_\_ I am comfortable sharing personal things with my small group.
5. \_\_\_\_\_ I feel my small group knows the “real me.”
6. \_\_\_\_\_ The purpose and mission of small groups in the church is clear to me.
7. \_\_\_\_\_ I know the Biblical teaching regarding small groups.
8. \_\_\_\_\_ I am aware of the various small groups offered at my church.

Total: \_\_\_\_\_

**#5 – Serve in a ministry regularly**

1. \_\_\_\_\_ I know what my spiritual gifts are.
2. \_\_\_\_\_ I use my spiritual gifts consistently at my church.
3. \_\_\_\_\_ My service & ministry at church brings me great joy.
4. \_\_\_\_\_ I can (and do) articulate how God has blessed my ministry in the church.
5. \_\_\_\_\_ I have enthusiasm and optimism in my service.
6. \_\_\_\_\_ I perceive myself to be a minister of Jesus Christ.
7. \_\_\_\_\_ I consider what I am best suited for before making decisions about ministry.
8. \_\_\_\_\_ I have been equipped and trained by other leaders to serve at my church.

Total: \_\_\_\_\_

**#6 – Participate in occasional worship and spiritual growth opportunities beyond Sunday morning**

1. \_\_\_\_\_ I am aware of additional spiritual growth opportunities at my church.
2. \_\_\_\_\_ I participate in occasional events sponsored by my church or other ministries.
3. \_\_\_\_\_ I have spiritually benefited from these opportunities.
4. \_\_\_\_\_ I have my own ideas to share about other spiritual growth opportunities.
5. \_\_\_\_\_ For my own spiritual growth I would consider these additional opportunities crucial.
6. \_\_\_\_\_ My emotional and psychological development has been aided through the church and the events that they sponsor.
7. \_\_\_\_\_ Intellectually I have benefited from occasional growth opportunities at my church.
8. \_\_\_\_\_ I believe God can work through these opportunities to transform people and relationships.

Total: \_\_\_\_\_

**#7 – Give financially (and sometimes sacrificially) as a steward**

1. \_\_\_\_\_ I understand the Biblical principle of stewardship.
2. \_\_\_\_\_ I can find specific passages in the Bible regarding giving & tithing.
3. \_\_\_\_\_ I consistently support my church financially.
4. \_\_\_\_\_ I look for ways to give beyond my regular contribution (building funds, special offerings, love offerings).
5. \_\_\_\_\_ God has blessed me financially because of my giving.
6. \_\_\_\_\_ I give “cheerfully” and not out of obligation.
7. \_\_\_\_\_ My personal financial situation is in order.
8. \_\_\_\_\_ I intentionally live within my means so that I can maximize my giving.

Total: \_\_\_\_\_

**Total Score:**

1. Path #1 – Personal Prayer and Bible Study \_\_\_\_\_
2. Path #2 – Worship on Sundays \_\_\_\_\_
3. Path #3 – Outreach & Evangelism \_\_\_\_\_
4. Path #4 – Small Groups \_\_\_\_\_
5. Path #5 – Serving in a ministry \_\_\_\_\_
6. Path #6 – Participation in other events \_\_\_\_\_
7. Path #7 – Stewardship \_\_\_\_\_

Write down the path in which you scored the lowest: \_\_\_\_\_. This survey would suggest that this area of your spiritual life is where you currently need to increase time, commitment, energy and study for maximum spiritual growth and development. Attached is a handout with a list of suggestions and opportunities for growth in each area. Please review the pertinent section in that handout and decide on one clear action step that you will take in this area. To be most effective, share that decision with one other believer. Great Job! May God bless you for reflecting on your spiritual growth and development.

From this day forward I commit to: \_\_\_\_\_

I will share this decision with: \_\_\_\_\_

For maximum effectiveness, re-take the survey a year from now and while continuing your spiritual progress in one area, focus attention on the new area of lowest score.

## **The Whitewater 7 Resource Page**

Recommended resources for growth in each of the Whitewater 7 Paths

If you are interested in additional ideas, please contact one of the staff members at WCCC.

### **Resources for all Believers**

1. Read [The Purpose Driven Life](#) by Rick Warren.
2. Read [The Case for Faith](#) or [The Case for Christ](#) by Lee Strobel

### **Resources for Personal Prayer and Bible Study**

1. Go to [www.readingplanner.com](http://www.readingplanner.com) and create a customized Bible reading plan. This can be set up to read just one of the Testaments or just a few books at a time. Develop a plan for the next six to twelve months of what you will read in the Bible.
2. Pick up a book (on-line possibly) by E.M. Bounds who has written at least seven different books on prayer which are all considered classics.
3. Read [When God Answers Prayer](#) by Bob Russell
4. Read [Too Busy Not to Pray](#) by Bill Hybels
5. Commit to praying together with one other person at least once a week – set a specific day and time. Commit to praying together each week for one year.
6. Read [Savoring God's Word: Cultivating the Soul-transforming Practice of Scripture Meditation](#) by Jan Johnson.
7. Purchase a notebook and commit to journaling your prayers for the next thirty days. Each day write down your prayers following the acrostic ACTS (Adoration/praise, Confession of Sin, Thanksgiving and Supplication/need).
8. Check out books on prayer by Stormie Omartian.

### **Resources for Worship and Attend on Sundays**

1. Review the last six months of your life, identify all the Sundays that you did not attend church and write down on a piece of paper the reasons why you did not make it church that day. Review this list with your spouse and family, if that is applicable to you. As a family, identify which reasons you feel were legitimate and which were an excuse. Make a commitment as a family that you will no longer miss church for any of the reasons that you labeled an excuse. Put that commitment in writing and post it on the refrigerator.
2. Increase your involvement on Sunday mornings. The best opportunities for greater involvement are in the areas of Greeter, Hospitality and serving communion/offering. Commit to contacting the ministry leader of one of those areas and get involved.
3. Commit to taking notes during the sermon each week and review those notes one day during the week. Select a specific day and time that you will review those notes. Use your Bible and look up other related scriptures that you did not have time to read during the sermon on Sunday.
4. Commit to inviting one other individual or family from church to have lunch with you once every three months following worship. At lunch discuss the worship service and the aspects of it that were most meaningful to you.
5. Read [The Unquenchable Worshipper](#) by Matt Redman
6. Read [Worship – A Way of Life](#) by Patrick Kavanaugh

### **Resources for Building Relationships with unchurched people**

1. Write down the names of three people who you know who are not Christians and commit to praying for them daily for three months.
2. Read Becoming a Contagious Christian by Mark Mittelberg, Lee Strobel and Bill Hybels.
3. Read Lifestyle Evangelism by Joe Aldrich
4. Read The Externally Focused Church by Rick Rusaw
5. Visit [www.equipmin.com](http://www.equipmin.com) and commit to attending one of their Irresistible Evangelism seminars in Cincinnati.
6. Commit to inviting three people to an upcoming church event that you will be attending. These may or may not be some of the same people in suggestion #1.

### **Resources for Being in a Small Group**

1. Pray for two weeks about the possibility of hosting a small group in your home. If you are able to do that and have peace about that possibility call the small group coordinator at the church and make arrangements to begin hosting a small group.
2. Participate in a small group leader training seminar at the church.
3. Join an existing small group at church and commit to faithful attendance for nine months.
4. Read Everybody's Normal till you get to know them by John Ortberg

### **Resources for Serving in a Ministry Regularly**

1. Do you know your top three spiritual gifts? If not acquire a spiritual gift assessment survey from church and take it. Are you using your spiritual gifts at church? If not, commit to meeting with one of the church ministerial staff to discuss ways in which your gifts can be employed.
2. Read Discover your God-given Gifts by Don & Katie Fortune. A spiritual gift assessment is included in this book.
3. Read Improving Your Serve by Charles Swindoll.
4. Read Volunteer Revolution by Bill Hybels
5. After you can identify spiritual gifts that you have been given, review those with three close family members or friends. Ask them HOW they have seen that gift in operation in your life.

### **Resources for participating in occasional worship and spiritual growth opportunities beyond Sunday morning**

1. Read the announcements in the bulletin each week at church.
2. Commit to attending one church event beyond Sunday morning in the next month.
3. Read The Life you Always Wanted by John Ortberg.
4. Read In the Grip of Grace by Max Lucado

### **Resources for Giving financially (and sacrificially) as a steward**

1. Do you give a tithe (10%) of your gross income to your local church? If not, commit to doing this for six months and at the end of that time reflect on your financial situation since you have been tithing.
2. Read and meditate on Malachi chapter three in the Bible.

3. Give a one-time financial gift above and beyond your tithe (at least 1% of your yearly income) to a specific ministry or mission at your church. If your church is engaged in a capital campaign, give that gift to the capital campaign.
4. Consider participating in Financial Peace University by Dave Ramsey offered regularly at church.
5. Read the book Take God at his Word which is available by request at the church
6. Read The 33 Laws of Stewardship by Dave Sutherland & Kirk Nowery.
7. Read The Treasure Principle by Randy Alcorn.